

# INFECTION PREVENTION AND CONTROL

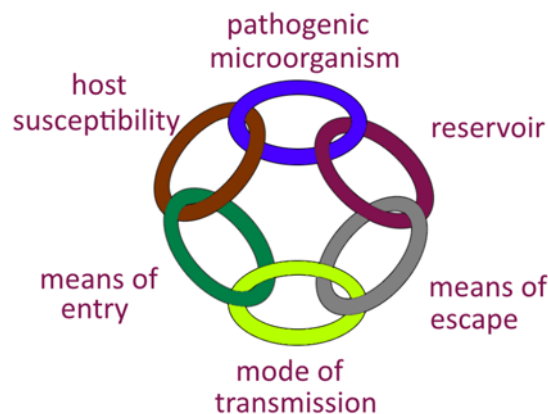
**As a visitor, you play a key role in infection control!**

Don't give bugs a free ride.



**WASH YOUR HANDS.**  
SPREAD THE MESSAGE, NOT THE BUGS.

We would like to assure you that we take the prevention and control of infection very seriously — all our staff receive regular training in infection prevention and control.



You can help us prevent and control healthcare associated infections by following some simple guidelines:

Stay home if you have any illness such as vomiting and/or diarrhea, coughs, cold or flu-like symptoms and any infectious conditions e.g. chicken pox, mumps etc.



You should wash your hands/use hand sanitizer gels before and after visiting. Even if hands look clean, they can still carry harmful germs. So cleaning your hands properly helps to prevent the spread of infection.

Restrictions to visiting may be put in place for infection prevention and control purpose on the recommendation of the Clinical or Infection Prevention and Control Team.

**STOP  
CLEAN  
YOUR HANDS**



Please do not sit or lie on beds or touch the patients' wounds or tubing as this can spread infection.

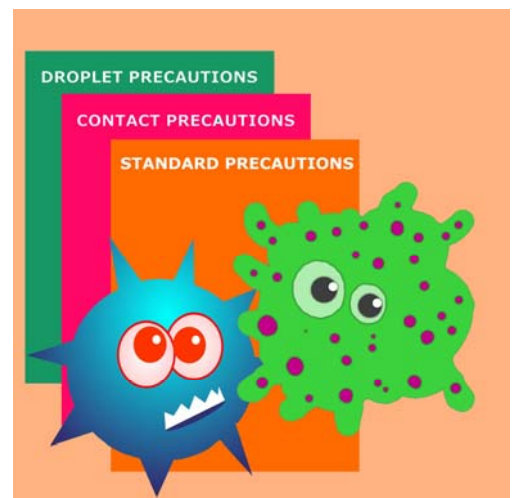
Please keep the clinical locker and bed table tidy and clutter free. Patients' personal property should be stored inside the chest drawer or wardrobe.

Please speak to the ward sister or nurse in charge if you have any concerns or questions.

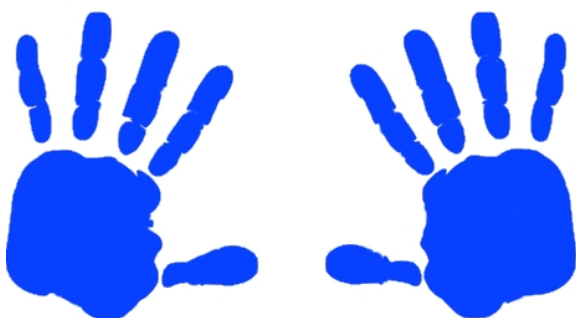


**You have a role to play in Infection Prevention and Control!**

**Preventing infection requires everyone to work together, including the visitors who come into our hospital.**



**HAVE YOU WASHED YOUR HANDS?**



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